

FODMAP FRIENDLY CERTIFIED PRODUCTS



USA, Canada & Brazil



Beauty Chef

Inner Beauty Products

Canprev Fibre Feel

Fibre Supplement

Casa De Sante

Seasoning/Herbs/Dressing/
Whey Powder/Prebiotics

Chocolife

Chocolate, Chocolate
Powder & Snow Sweetener

CytoMatrix

Fibre supplement

Enjoy Life Foods

Biscuits + Protein Bars

Epicured

Energy Bites

FODMAPPED For You

Sauces/Stock/Soups

Go Macro

Nutrition Bars

Green Valley Creamery

Dairy/Kefir

Kfibre

Fibre Supplement

Laiki

Rice Crackers

Live Free Foods

Dressings

Lo Fo Pantry

Flour

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Macro Mike

Gut Health supplement

Mingle Seasoning

Moroccan Spice Blend

Miracle Noodle

Noodles/Rice

MSPrebiotics

Prebiotics

MuscleGen Research

Genepro Protein

Nexira

Prebiotic Supplements

Orgran

Wafers/Breadcrumbs/Flour/
Pasta/Cake Mix

Prego

Pasta Sauce

Redwood Hill Farm

Goat Milk Yoghurt

RxSugar

Low-calorie Sugar

San J

Sauces/Rice Crackers

Stellar Labs

Multivitamin + Protein Bar/
Shakes

The Good Chocolate

Zero Sugar Chocolate

Three Arrows

Collagen Peptide

Product list last updated October 2020.

For the full range of certified products, please visit fodmapfriendly.com